

BODY LANGUAGE STUDIO 2025 - 2026 CLASS SCHEDULE

MONDAYS

Studio 1		Studio 2		Studio 3		Studio 4	
3:55 - 4:25 PM	Tumble Tots (ages 3-4)	4:10 - 4:55 PM	Kinder Breaking (age 5-6)	2:50 - 4:50 PM		4:10 - 4:55 PM	
4:30 - 5:00 PM	Kids Tap Tricks*	5 - 5:55 PM	Beg. Breaking (ages 7+)	5:00 - 5:45 PM		5:05 - 5:50 PM	Kinder Ballet/Jazz (ages 5-6)
5:05 - 6:00PM	Kids Tap (ages 7+)	6:05 - 7 PM	Beg. Hip-Hop Choreo. (ages 7+)	5:55 - 6:40 PM	Kinder Hip-Hop/AcroDance (ages 5-6)		
6:10 - 7:05 PM	Teen Tap (ages 11+)	7:10 - 8:05 PM	Beg/Int. Contemporary/Lyrical	6:50 - 7:45 PM	Int. Hip-Hop Choreo.		
7:10 - 7:40 PM	Teen Tap Tricks*						

TUESDAYS

Studio 1		Studio 2		Studio 3		Studio 4	
4:15 - 5:40 PM	Int. Ballet	4:20 - 5:35 PM	Adv. Contemporary/Lyrical	4:15 - 4:45 PM	Boogie Tots (ages 3-4)	4 - 4:45 PM	Kinder Tap/Jazz (ages 5-6)
				4:55 - 5:40 PM	Kinder Breaking II (ages 6-7)	4:50 - 5:45 PM	Kids Musical Theater (ages 7+)
5:45 - 7:10 PM	Adv. Ballet	5:45 - 6:40 PM	Int. Acro/Tumbling	5:50 - 6:45 PM	Beg/Int. Breaking	5:50 - 6:20 PM	Pre-Pointe*
		6:45 - 7:40 PM	Adv. Acro/Tumbling	6:50 - 7:45 PM	Beg. Power Moves & Tricks*		
7:15 - 8:15 PM	Pointe Skills*	7:50 - 8:45 PM	Int. Jazz	7:50 - 8:45 PM	Adv. Power Moves & Tricks*		

WEDNESDAYS

Studio 1		Studio 2		Studio 3		Studio 4	
3:20 - 3:50 PM	Twirling Tots (ages 3-4)						
4 - 4:45 PM	Cross-Training	4 - 4:55 PM	Beg. Jazz (ages 7+)	4:15 - 5 PM		4 - 4:45 PM	Kinder Tap/Ballet (ages 5-6)
4:50 - 6:15 PM	Int/Adv. Ballet	5:05 - 6 PM	Beg/Int. Jazz	5:05 - 6 PM	Beg. Contemporary/Lyrical (ages 7+)	4:50 - 5:35 PM	Kinder Hip-Hop/AcroDance (ages 5-6)
6:20 - 7:05 PM	Pointe Foundations*	6:10 - 6:55 PM		6:10 - 7:05 PM	Teen Breaking (ages 11+)	6:10 - 7:05 PM	Teen Musical Theater (ages 11+)
		7:10 - 8:05 PM	Int. Contemporary/Lyrical	7:15 - 8:10 PM	Int. Power Moves & Tricks*		
		8:15 - 9 PM		8:15 - 9:30 PM	Adv. Hip-Hop Choreo.		

THURSDAYS

Studio 1		Studio 2		Studio 3		Studio 4	
		4 - 4:45 PM	Cross-Training	4 - 4:45 PM	Kinder Breaking (ages 5-6)		
4:50 - 5:45 PM	Beg. Ballet (ages 7+)	4:55 - 5:40 PM		4:55 - 5:50 PM	Beg. Breaking (ages 7+)	4:50 - 5:35 PM	Kinder Ballet/Lyrical (ages 5-6)
5:55 - 7:25 PM	Pre-Pro Ballet	5:55 - 6:40 PM		5:55 - 6:50 PM	Int. Breaking		
7:30 - 8:15 PM		6:45 - 7:40 PM	Beg. Acro/Tumbling (ages 7+)	7:00 - 8:15 PM	Adv. Breaking		
		7:50 - 9:05 PM	Adv. Jazz	8:20 - 9:05 PM			

SUNDAYS

9:30 - 11:00 AM	Adult Ballet
11:05 - 12:00 PM	Beg. Ballet (ages 7+)

last updated 7/08/25