Tippy Toe Tots

Option A

- Leotard: Solid Pink, Solid Lavender, Solid White, or Solid Black
- Tights: Skin Tone-matched Dance Tights or Ballet Pink Dance Tights (no nylons or bare legs)
- Optional: Ballet Skirt, Small Tutu, or Dance Dress
- Shoes: Pink or Skin Tone-matched Canvas or Leather Ballet Shoes (we'd recommend shoes without a drawstring like these or these; shoes with drawstrings should be tied, tucked, & taped inside the upper inside of the shoe -- no bows)
- Hair: Pulled back into a ponytail, braid, or bun (headbands or clips are acceptable for very short hair)

Option B:

- Top: Solid Color T-Shirt
- Bottoms: Solid Black Leggings or Joggers
- Shoes: Black or Pink Canvas or Leather Ballet
 Shoes (we'd recommend shoes without a
 drawstring like <u>these</u> or <u>these</u>; shoes with
 drawstrings should be tied, tucked, & taped inside
 the upper inside of the shoe -- no bows)
- Hair: Hair long enough to get in your dancer's face/eyes needs to be pulled back into a ponytail, braid, or bun (headbands or clips are acceptable for longer hair that is too short for a ponytail)

Tumble Tots

- Any color leotard, unitard, biketard, or form-fitting top
- Form-fitting shorts or leggings (if not wearing a unitard or biketard)
 - Clothing specifically made for dance or athletics is always preferred.
 - Dance or gymnastics wear needs to be worn underneath any loose-fitting tops or shorts.
- Hair should be tidy, pulled up and out of the face, and neatly fastened in a low ponytail or braid
- Bare feet (clean!)
- No jewelry, watches, or Fitbits/smartwatches

Boogie Tots

- Clean athletic shoes (street shoes worn in from outside are not allowed on our dance studio floors)
- Any top your dancer is comfortable moving in
- Loose-fitting pants, joggers, or shorts (no jeans)
- No jewelry, watches, or Fitbits/smartwatches
- Long hair should be tidy, pulled up and out of the face, and neatly fastened
- Beanies or baseball hats are acceptable

Tapping Tots & Intro. To Tap

- Any top your dancer is comfortable moving in
- Jazz pants, joggers, leggings, or shorts
- Clothing specifically made for dance or athletics is always preferred (no jeans)
- Black Mary-Jane Style Tap Shoes
- Hair should be tidy, pulled up and out of the face, and neatly fastened
- Socks or tights

Intro. To Ballet & Lyrical Ballet

Option A

- Leotard: Any Solid Color Leotard
- Tights: Skin Tone-matched Dance Tights or Ballet Pink Dance Tights (no nylons or bare legs)
- Optional: Ballet Skirt or Dance Dress (no tutus)
- Shoes: Pink or Skin Tone-matched Canvas or Leather Ballet Shoes (we'd recommend shoes without a drawstring like these or these; shoes with drawstrings should be tied, tucked, & taped inside the upper inside of the shoe -- no bows)
- Hair: Pulled back into a ponytail, braid, or bun (headbands or clips are acceptable for very short hair)

Option B:

- Top: Solid Color T-Shirt
- Bottoms: Solid Black Leggings or Joggers
- Shoes: Black or Pink Canvas or Leather Ballet
 Shoes (we'd recommend shoes without a
 drawstring like <u>these</u> or <u>these</u>; shoes with
 drawstrings should be tied, tucked, & taped inside
 the upper inside of the shoe -- no bows)
- Hair: Hair long enough to get in your dancer's face/eyes needs to be pulled back into a ponytail, braid, or bun (headbands or clips are acceptable for longer hair that is too short for a ponytail)

Intro. to Jazz

- Any color leotard or form-fitting top
- Form-fitting shorts, leggings, or jazz pants
- Clothing specifically made for dance or athletics is always preferred (no jeans)
- Tan full-soled, slip-on jazz shoes
- Hair should be tidy, pulled up and out of the face, and neatly fastened in a ponytail or braid (headbands or clips are acceptable for very short hair)
- Skin tone-matched tights are optional
- No jewelry, watches, or Fitbits/smartwatches

Intro. To Breaking

- Clean athletic shoes (street shoes worn in from outside are not allowed on our dance studio floors)
- Any NEON-colored top you're comfortable moving in, in alignment with the Body Rock Breaking Color System. (More Info. Coming Soon)
- Loose-fitting pants, joggers, or shorts (no jeans)
- No jewelry, watches, or Fitbits/smartwatches
- Beanies or baseball hats are acceptable
- Hair long enough to get in your dancer's face/eyes needs to be pulled up and out of the face and neatly fastened (headbands or clips are acceptable for longer hair that is too short for a ponytail)

Beg. Ballet

Option A

- Leotard: Solid Burgundy or Navy Blue Leotard
- Tights: Skin Tone-matched Dance Tights or Ballet Pink Dance Tights (no nylons or bare legs)
- Optional: Ballet Skirt (no tutus)
- Shoes: Pink or Skin Tone-matched Canvas or Leather Ballet Shoes (we'd recommend shoes without a drawstring like these or these; shoes with drawstrings should be tied, tucked, & taped inside the upper inside of the shoe -- no bows)
- Hair: Pulled back into a tidy bun (if your dancer's hair is too short for a bun, please inquire)

Option B:

- Top: Solid White T-Shirt
- Bottoms: Solid Black Leggings or Joggers
- Shoes: Black or Pink Canvas or Leather Ballet
 Shoes (we'd recommend shoes without a
 drawstring like <u>these</u> or <u>these</u>; shoes with
 drawstrings should be tied, tucked, & taped inside
 the upper inside of the shoe -- no bows)
- Hair: Hair long enough to get in your dancer's face/eyes needs to be pulled back into a ponytail or bun

Int. through Adv. Ballet

2022 - 2023 Int - Adv. Ballet Dress Code (click link)

*Miss Samantha will send an updated 2023 - 2024 List in September

Beg. Through Adv. Contemporary/Lyrical

- Any color leotard or form-fitting top
- Form-fitting shorts, leggings, or jazz pants
- Clothing specifically made for dance or athletics is always preferred (no jeans)
- Apolla Shocks: Performance Model (Apollas are the only safely approved dance sock brand), Skin Tone-matched Half-Soles, or Bare Feet
- Hair should be tidy, pulled up and out of the face, and neatly fastened
- Skin tone-matched tights are optional
- No jewelry, watches, or Fitbits/smartwatches

Beg. Through Adv. Jazz

- Any color leotard or form-fitting top
- Form-fitting shorts, leggings, or jazz pants
- Clothing specifically made for dance or athletics is always preferred (no jeans)
- Apolla Shocks: Performance Model (Apollas are the only safely approved dance sock brand) or Skin Tonematched Half-Soles
- Hair should be tidy, pulled up and out of the face, and neatly fastened in a ponytail or braid (headbands or clips are acceptable for very short hair)
- Skin tone-matched tights are optional
- No jewelry, watches, or Fitbits/smartwatches

Beg. Through Adv. Tap

- · Any top you're comfortable moving in
- Jazz pants, joggers, leggings, or shorts
- Clothing specifically made for dance or athletics is always preferred (no jeans)
- Black Oxford-style tap shoes
- Socks or tights (Apolla Shocks for support inside of tap shoes are recommended)
- Hair should be tidy, pulled up and out of the face, and neatly fastened
- No jewelry, watches, or Fitbits/smartwatches

Beg. Through Adv. Hip-Hop Foundations & Choreography

- Clean athletic shoes (street shoes worn in from outside are not allowed on our dance studio floors)
- Any top you're comfortable moving in
- Sports bra, leotard, or athletic tank top worn under all loose-fitting tops, as appropriate
- Loose-fitting pants, sweats, joggers, or bike shorts (no jeans)
- No jewelry, watches, or Fitbits/smartwatches

*In general, it is easier to feel funkier, groovier, & match styling in hip-hop choreography when wearing loose or slightly oversized clothing.

Beg. Through Adv. Breaking (Incl. Power Moves & Tricks)

- Clean athletic shoes (street shoes worn in from outside are not allowed on our dance studio floors)
- Body Rock Breaking Shirt for your level*
 - Intro. (5 6): Neon Shirts
 - Intro. 7+: White Shirts
 - Beg. Teen: White Shirts
 - Beg.: Yellow Shirts
 - Int.: Tan Shirts
 - Adv.: Red Shirts
 - Pre-Pro: Blue Shirts
 - Pro: Black Shirts

Additional information about Advancement Testing & BRB Shirts will be sent out soon.

- Sports bra, leotard, or athletic tank top worn under all loose-fitting tops, as appropriate
- Loose-fitting pants, joggers, or shorts (no jeans)
- Beanie hat optional
- Hair long enough to get in your dancer's face/eyes needs to be pulled up and out of the face and neatly fastened
- No jewelry, watches, or Fitbits/smartwatches