



Ballet & Pointe Program Progression Tracks

2021 - 2022

Track 1: Pre-Pointe

2 Required Ballet Technique Classes

Beg/Int. Ballet

Int. Ballet

1 Required Pointe Class

Beg. Pointe

Dancers participate in flat shoes until ready for pointe shoes

Track 2: Beg. Pointe

2 Required Ballet Technique Classes

Int. Ballet

Int/Adv. Ballet

1 Required Pointe Class

Beg. Pointe

Dancers may participate en pointe once assessed by Miss Samantha, a doctor, & professionally fitted for shoes

Track 3: Beg/Int. Pointe

3 Required Ballet Technique Classes

Int. Ballet

Int/Adv. Ballet

Int/Adv. Ballet

2 Required Pointe Classes

Beg. Pointe

Int. Pointe

Track 4: Int/Adv. Pointe

3 Required Ballet Technique Classes

Int/Adv. Ballet

Int/Adv. Ballet

Int/Adv. Ballet

2 Required Pointe Classes

Int. Pointe

Int/Adv. Pointe &
Variations

Track 5: Adv. Pointe

3 Required Ballet Technique Classes

Int/Adv. Ballet

Int/Adv. Ballet

Int/Adv. Ballet

3 Required Pointe Classes

Int. Pointe

Int/Adv. Pointe &
Variations

Adv. Pointe