

BODY LANGUAGE STUDIO 2025 - 2026 CLASS SCHEDULE

MONDAYS

Studio 1		Studio 2		Studio 3		Studio 4	
		4:10 - 4:55 PM	Kinder Breaking (age 5-6)			4:20 - 4:50 PM	Tumble Tots (ages 3-4)
				5 - 5:55 PM	Beg. Breaking (ages 7+)	5:05 - 5:50 PM	Kinder Ballet/Jazz (ages 5-6)
5:00 - 5:55 PM	Kids Tap (ages 7+)	6:05 - 7 PM	Beg. Hip-Hop Choreo. (ages 7+)	6:05 - 7 PM	Beg. Hip-Hop Choreo. (ages 7+)	6:10 - 7:05 PM	Teen Tap (ages 11+)
6 - 6:45 PM	Kinder Hip-Hop/AcroDance (ages 5-6)	7:10 - 8:05 PM	Beg/Int. Contemporary/Lyrical	7:05 - 8:00 PM	Int. Hip-Hop Choreo.	7:10 - 7:40 PM	Teen Tap Tricks*

TUESDAYS

Studio 1		Studio 2		Studio 3		Studio 4	
4:20 - 5:35 PM	Adv. Contemporary/Lyrical	4:15 - 5:40 PM	Int. Ballet	4:15 - 4:45 PM	Boogie Tots (ages 3-4)		
				4:55 - 5:40 PM	Kinder Breaking (ages 6-7)	4:50 - 5:45 PM	Kids Musical Theater (ages 7+)
5:45 - 7:10 PM	Adv. Ballet	5:50 - 6:45 PM	Int. Acro/Tumbling	5:50 - 6:45 PM	Beg/Int. Breaking	5:50 - 6:20 PM	Pre-Pointe*
		5:50 - 7:00 PM	Adv. Acro/Tumbling	6:50 - 7:45 PM	Beg. Power Moves & Tricks*		
7:15 - 8:15 PM	Pointe Skills*	7:15 - 8:10 PM	Int. Jazz	7:50 - 8:45 PM	Adv. Power Moves & Tricks*		

WEDNESDAYS

Studio 1		Studio 2		Studio 3		Studio 4	
		4 - 4:45 PM	Cross-Training	4 - 4:55 PM	Beg. Jazz (ages 7+)		
5:05 - 6 PM	Beg. Contemporary/Lyrical (ages 7+)	4:50 - 6:15 PM	Int/Adv. Ballet	5:05 - 6 PM	Beg/Int. Jazz	4:50 - 5:35 PM	Kinder Hip-Hop/AcroDance (ages 5-6)
		6:20 - 7:05 PM	Pointe Foundations*	6:10 - 7:05 PM	Teen Breaking (ages 11+)		
		7:10 - 8:05 PM	Int. Contemporary/Lyrical	7:15 - 8:10 PM	Int. Power Moves & Tricks*		
				8:15 - 9:30 PM	Adv. Hip-Hop Choreo.		

THURSDAYS

Studio 1		Studio 2		Studio 3		Studio 4	
		4 - 4:45 PM	Cross-Training				
		4:50 - 5:45 PM	Beg. Ballet (ages 7+)	4:55 - 5:50 PM	Beg. Breaking (ages 7+)		
5:55 - 7:25 PM	Pre-Pro Ballet			5:55 - 6:50 PM	Int. Breaking		
		6:50 - 7:45 PM	Beg. Acro/Tumbling (ages 7+)	7:00 - 8:15 PM	Adv. Breaking		
		7:50 - 9:05 PM	Adv. Jazz				

last updated 9/08/25