

Little Breakers

- Clean athletic shoes (street shoes worn in from outside are not allowed on our dance studio floors)
- Any top you're comfortable moving in
- Loose-fitting pants, joggers, or shorts (no jeans)
- No jewelry, watches, or Fitbits/smartwatches
- Long hair should be tidy, pulled back out of the face, and neatly fastened
- Beanies or baseball hats are acceptable

Intro. to Breaking (including Battling & Tricks)

- Clean athletic shoes (street shoes worn in from outside are not allowed on our dance studio floors)
- Body Rock Breaking color-system tee or any NEON-colored top you're comfortable moving in.
- Loose-fitting pants, joggers, or shorts (no jeans)
- No jewelry, watches, or Fitbits/smartwatches
- Beanies or baseball hats are acceptable
- Hair long enough to get in your dancer's face/eyes needs to be pulled out of the face and neatly fastened (headbands or clips are acceptable for longer hair that is too short for a ponytail)

Beg. Through Adv. Breaking (Incl. Power Moves & Tricks)

- Clean athletic shoes (street shoes worn in from outside are not allowed on our dance studio floors)
- Body Rock Breaking color-system tee (email us to order)
- Sports bra, leotard, or athletic tank top worn under all loose-fitting tops, as appropriate
- Loose-fitting pants, joggers, athletic wear (no shorts or jeans)
- Beanie hat optional
- Hair long enough to get in your dancer's face/eyes needs to be pulled out of the face and neatly fastened
- No jewelry, watches, or Fitbits/smartwatches

Creative Movement

Option A

- Dance Leotard of your choice
- Tights: Skin Tone-matched Dance Tights or Ballet Pink Dance Tights (no nylons or bare legs)
- Optional: Ballet Skirt, Small Tutu, or Dance Dress
- Shoes: Pink or Skin Tone-matched Canvas or Leather Ballet Shoes (we'd recommend shoes without a drawstring; shoes with drawstrings should be tied, tucked, & taped inside the upper inside of the shoe -- no bows)
- Hair: Pulled back into a ponytail, braid, or bun (headbands or clips are acceptable for very short hair)

Option B:

- Top: Solid Color T-Shirt
- Bottoms: Solid Black Leggings, athletic pants, or Joggers
- Shoes: Black or Pink Canvas or Leather Ballet Shoes (we'd recommend shoes without a drawstring; shoes with drawstrings should be tied, tucked, & taped inside the upper inside of the shoe -- no bows)
- Hair: Hair long enough to get in your dancer's face/eyes needs to be pulled back into a ponytail, braid, or bun (headbands or clips are acceptable for longer hair that is too short for a ponytail)

Intro. to Ballet

Option A

- Dance Leotard of your choice
- Tights: Skin Tone-matched Dance Tights or Ballet Pink Dance Tights (no nylons or bare legs)
- Optional: Ballet Skirt, Small Tutu, or Dance Dress
- Shoes: Pink or Skin Tone-matched Canvas or Leather Ballet Shoes (we'd recommend shoes without a drawstring; shoes with drawstrings should be tied, tucked, & taped inside the upper inside of the shoe -- no bows)
- Hair: Pulled back into a ponytail, braid, or bun (headbands or clips are acceptable for very short hair)

Option B:

- Top: Solid Color T-Shirt
- Bottoms: Solid Black Leggings, athletic pants, or Joggers
- Shoes: Black or Pink Canvas or Leather Ballet Shoes (we'd recommend shoes without a drawstring; shoes with drawstrings should be tied, tucked, & taped inside the upper inside of the shoe -- no bows)
- Hair: Hair long enough to get in your dancer's face/eyes needs to be pulled back into a ponytail, braid, or bun (headbands or clips are acceptable for longer hair that is too short for a ponytail)

Beg. Ballet

Option A

- Leotard: Solid Burgundy or Navy Blue Leotard
- Tights: Skin Tone-matched Dance Tights or Ballet Pink Dance Tights (no nylons or bare legs)
- Optional: Ballet Skirt (no tutus)
- Shoes: Pink or Skin Tone-matched Canvas or Leather Ballet Shoes (we'd recommend shoes without a drawstring; shoes with drawstrings should be tied, tucked, & taped inside the upper inside of the shoe -- no bows)
- Hair: Pulled back into a tidy bun (if your dancer's hair is too short for a bun, please inquire)

Option B:

- Top: Solid White T-Shirt
- Bottoms: Solid Black Leggings or Joggers
- Shoes: Black or Pink Canvas or Leather Ballet Shoes (we'd recommend shoes without a drawstring; shoes with drawstrings should be tied, tucked, & taped inside the upper inside of the shoe -- no bows)
- Hair: Hair long enough to get in your dancer's face/eyes needs to be pulled back into a ponytail or bun

Int. through Adv. Ballet

Int - Adv. Ballet Dress Code (click link)

Pre-Pro Ballet

Can be discussed with Instructor

Beg. Through Adv.

Contemporary/Lyrical

- Dance leotard, crop top, or form-fitting top
- Form-fitting shorts, leggings, athletic pants, or sweats
- Clothing specifically made for dance or athletics is always preferred (no jeans)
- Apolla Shocks: Performance Model (Apollas are the only safely approved dance sock brand), Skin Tone-matched Half-Soles, or Bare Feet
- Hair should be tidy, pulled out of the face, and neatly fastened
- Skin tone-matched tights are optional
- No jewelry, watches, or Fitbits/smartwatches

Intro. To Dance Sampler

- Dance leotard or any top your dancer is comfortable moving in
- Athletic pants, joggers, leggings, or shorts
- Clothing specifically made for dance or athletics is always preferred (no jeans)
- Ballet or jazz shoes
- Hair should be tidy, pulled out of the face, and neatly fastened
- Socks or tights
- No jewelry, watches, or Fitbits/smartwatches

Intro. To Tap

- Dance leotard or any top your dancer is comfortable moving in
- Athletic pants, joggers, leggings, or shorts
- Clothing specifically made for dance or athletics is always preferred (no jeans)
- Black Mary-Jane Style Tap Shoes
- Hair should be tidy, pulled out of the face, and neatly fastened
- Socks or tights
- No jewelry, watches, or Fitbits/smartwatches

Beg. Through Adv. Tap

- Dance leotard or any top you're comfortable moving in
- Athletic pants, joggers, leggings, or shorts
- Clothing specifically made for dance or athletics is always preferred (no jeans)
- Black Oxford-style tap shoes
- Socks or tights (Apolla Shocks for support inside of tap shoes are recommended)
- Hair should be tidy, pulled up and out of the face, and neatly fastened
- No jewelry, watches, or Fitbits/smartwatches

Intro. to Jazz

- Dance leotard or form-fitting top
- Form-fitting shorts, leggings, or athletic pants
- Clothing specifically made for dance or athletics is always preferred (no jeans)
- Tan full-soled, slip-on jazz shoes
- Hair should be tidy, pulled out of the face, and neatly fastened in a ponytail or braid (headbands or clips are acceptable for very short hair)
- Skin tone-matched tights are optional
- No jewelry, watches, or Fitbits/smartwatches

Beg. Through Adv. Jazz

- Dance leotard, crop top, or form-fitting top
- Form-fitting shorts, leggings, athletic pants, or sweats
- Clothing specifically made for dance or athletics is always preferred (no jeans)
- Tan jazz shoes or half-soles
- Hair should be tidy, pulled out of the face, and neatly fastened
- Skin tone-matched tights are optional
- No jewelry, watches, or Fitbits/smartwatches

Intro. to Hip-Hop

- Clean athletic shoes (street shoes worn in from outside are not allowed on our dance studio floors)
- Any top you're comfortable moving in
- Loose-fitting pants, sweats, track pants, or cargos (no jeans)
- No jewelry, watches, or Fitbits/smartwatches

*In general, it is easier to feel funkier, groovier, & match styling in hip-hop choreography when wearing baggy or oversized clothing.

Beg. Through Adv. Hip-Hop

- Clean athletic shoes (street shoes worn in from outside are not allowed on our dance studio floors)
- Any baggy/oversized* top you're comfortable moving in
- Sports bra, leotard, or athletic tank top worn under all loose-fitting tops, as appropriate
- Required: loose-fitting pants, sweats, track pants, or cargos (no jeans or shorts)
- No jewelry, watches, or Fitbits/smartwatches

*In general, it is easier to feel funkier, groovier, & match styling in hip-hop choreography when wearing baggy or oversized clothing.

Intro. to AcroDance

- Dance or gymnastics leotard, unitard, biketard, crop top, or form-fitting top
- Form-fitting shorts or leggings (if not wearing a unitard or biketard)
 - Clothing specifically made for dance or athletics is always preferred.
 - Dance or gymnastics wear needs to be worn underneath any loose-fitting tops or shorts.
- Hair should be tidy, pulled out of the face, and neatly fastened in a low ponytail or braid
- Bare feet (clean!)
- No jewelry, watches, or Fitbits/smartwatches

Beg. Through Adv.

Acro/Tumbling

- Dance or gymnastics leotard, unitard, biketard, crop top, or form-fitting top
- Bike shorts or leggings (if not wearing a unitard or biketard)
 - Clothing specifically made for dance or athletics is always preferred.
 - Dance or gymnastics wear must be worn underneath any loose-fitting tops or shorts.
- Hair should be tidy, pulled out of the face, and neatly fastened in a low ponytail or braid
- Bare feet (clean!)
- No jewelry, watches, or Fitbits/smartwatches