



At Body Language Studio, we believe that dance is for every body and every *kind* of dancer. Whether your child is brand new, exploring their passion, or ready to train like a pro, we offer three distinct tracks designed to meet your family's goals, schedule, and experience level. Each track is rooted in our core values: 🎭 **Exceptional Dance Education**, 🌱 **A Growth Mindset**, ✨ **Genuine Joy**, and 🌟 **Excellence for All**.

No matter which path you choose—Recreational, Immersive, or Competitive—your dancer will have opportunities to perform, grow, and thrive in a supportive and inclusive community.

Body Language Studio: Dance Tracks for Every Child

RECREATIONAL

**Ages 3–18 | Monthly Commitment
(Sept–June) + Optional July–Aug**

Perfect for: First-time dancers, families seeking flexibility, or kids who want to dance just for fun!

REQUIREMENTS

PERFORMANCE OPPORTUNITIES

ENRICHMENT OPPORTUNITIES

1 - 3 WEEKLY CLASSES

SPRING RECITAL

STUDIO EVENTS

MONTHLY COMMITMENT

WINTER NUTCRACKER

WORKSHOPS OR MASTER CLASSES

IMMERSIVE

**Ages 7–18 | 10-Month Commitment
(Sept–June) + Optional July–Aug**

Perfect for: Dancers who love to move and want to take things to the next level without going full competitive.

REQUIREMENTS & INCLUSIONS

PERFORMANCE OPPORTUNITIES

ENRICHMENT OPPORTUNITIES

2 - 8 WEEKLY CLASSES

SPRING RECITAL

STUDIO EVENTS

3 PRIVATE LESSONS

WINTER NUTCRACKER

WORKSHOPS OR MASTER CLASSES

2 DANCE CONVENTIONS

10-MONTH COMMITMENT

TEACHING ASSISTANT OR APPRENTICE TRAINING PROGRAM FOR TEENS

COMMUNITY SERVICE OPPS

COMPETITIVE

**Ages 5*–18 | Year-Round Commitment
(July–June)**

Perfect for: Passionate dancers who live for the stage, thrive in team settings, and are ready for a more intensive experience.

***Ages 5 - 7: Lesser Requirements**

REQUIREMENTS & INCLUSIONS

PERFORMANCE OPPORTUNITIES

ENRICHMENT OPPORTUNITIES

2 - 10 WEEKLY CLASSES + SUMMER REQUIREMENTS

REQUIRED SPRING RECITAL

STUDIO EVENTS

WEEKLY TEAM REHEARSAL

OPTIONAL WINTER NUTCRACKER

WORKSHOPS OR MASTER CLASSES

MONTHLY TEAM CLASS

REQUIRED WINTER SHOWCASE

TEACHING ASSISTANT OR APPRENTICE TRAINING PROGRAM FOR TEENS

2 DANCE CONVENTIONS

DISNEYLAND PERFORMANCE OR DANCE NATIONALS

PRIVATE LESSONS

4 COMPETITIONS

LOCAL COMMUNITY PERFORMANCES

COMMUNITY SERVICE OPPS

YEAR-LONG COMMITMENT

? Still not sure where your dancer fits?

No problem! We're here to help you find the perfect fit based on your child's age, interest level, and experience.

Email us at info@blsdance.com