

BODY LANGUAGE STUDIO 2026 - 2027 CLASS SCHEDULE

MONDAYS

		4:00 - 4:45 PM	Intro. To Breaking			4:15 - 5:00 PM	<i>Jr. Tap Select</i>
4:40 - 5:25 PM	<i>Jr. Hip-Hop Select</i>	4:45 - 5:25 PM	<i>Petite Breaking Select</i>	4:30 - 5:25 PM	Beg. Breaking	5:00 - 5:30 PM	Tap Tricks*
5:30 - 6:25 PM	Int. Tap	5:30 - 6:25 PM	Adv. Jazz	5:30 - 6:25 PM	Beg/Int. Breaking II	5:35 - 6:20 PM	<i>Rising Stars</i>
6:30 - 7:25 PM	Int. Hip-Hop	6:30 - 7:25 PM	Teen Breaking	6:30 - 7:25 PM	Beg/Int. Hip-Hop	6:30 - 7:25 PM	Adv. Tap
		7:30 - 8:30 PM	Adv. Hip-Hop				

TUESDAYS

4:10 - 4:40 PM	Intro. To Ballet	4:00 - 4:40 PM	<i>Teen Contemporary Select</i>	4:10 - 4:40 PM	Intro. To AcroDance
4:45 - 6:10 PM	Int. Ballet (Lab)	4:45 - 5:40 PM	Adv. Contemporary/Lyrical	4:45 - 5:40 PM	Beg. Acro/Tumbling A
6:10 - 6:40 PM	Pointe Prep*	5:45 - 7:10 PM	Int/Adv. Ballet	5:45 - 6:40 PM	Beg. Acro/Tumbling B
6:45 - 7:40 PM	Beg. Ballet	7:15 - 8:15 PM	Pointe Skills*	6:45 - 7:40 PM	Beg/Int. Hip-Hop
				7:45 - 8:30 PM	<i>Teen Hip-Hop Select</i>

WEDNESDAYS

4:00 - 4:30 PM	Intro. To Hip-Hop			4:00 - 4:30 PM	Little Breakers
4:35 - 5:30 PM	Beg/Int. Ballet	4:15 - 5:10 PM	Beg. Hip-Hop	4:35 - 5:20 PM	Intro. To Breaking
5:35 - 6:30 PM	Beg/Int. Contemporary/Lyrical	5:35 - 6:20 PM	Cross-Training	5:25 - 6:20 PM	Beg/Int. Breaking
6:35 - 7:30 PM	Int. Contemporary/Lyrical	6:25 - 7:50 PM	Int/Adv. Ballet (Lab)	6:25 - 7:10 PM	Intro. to Battling & Tricks For Breaking*
7:35 - 8:20 PM	<i>Teen Jazz Select</i>	7:55 - 8:40 PM	Pointe Foundations*	7:15 - 8:10 PM	Beg. Breaking Power Moves & Tricks*
				8:15 - 9:10 PM	Int/Adv. Breaking Power Moves & Tricks*

THURSDAYS

4:25 - 4:55 PM	Creative Movement	4:00 - 4:55 PM	Int/Adv. Acro/Tumbling	4:10 - 4:55 PM	<i>Jr. Jazz Select</i>		
5:00 - 5:55 PM	Beg/Int. Jazz	5:00 - 5:55 PM	Teen Beg. Contemporary/Lyrical	5:15 - 6:10 PM	Int. Breaking	5:00 - 5:55 PM	Beg. Contemporary/Lyrical
6:00 - 7:25 PM	Adv. Ballet	6:00 - 6:55 PM	Beg. Jazz	6:10 - 6:55 PM	<i>Jr. Breaking Select</i>		
7:30 - 8:30 PM	<i>Teen/Adult Ballet</i>	7:00 - 7:55 PM	Int. Jazz	7:00 - 8:00 PM	Adv. Breaking		
		8:00 - 8:45 PM	Int/Adv. Turns/Leaps/Tricks*	8:00 - 8:45 PM	<i>Body Rock Breaking Crew Breaking Duo</i>		
		8:45 - 9:30 PM	<i>Teen Open Select</i>				

SATURDAYS

9:25 - 9:55 AM	Intro. To AcroDance (ages 4-6)		
10:05 - 10:35 AM	Creative Movement	10:00 - 10:45 AM	Intro. To Breaking
10:45 - 11:30 AM	Intro. To Dance Sampler	10:50 AM - 11:45 AM	Beg. Breaking

Last updated Oct. 13, 2026

Classes for dancers ages 3 - 4	Intro. = Introduction
Classes for dancers ages 4 - 6	Beg. = Beginning
Classes for dancers ages 5 - 6	Beg/Int. = Beginning/Intermediate
Classes for dancers ages 7+	Int. = Intermediate
Classes for dancers ages 11+	Int/Adv. = Intermediate/Advanced
All other classes require teacher evaluation	Adv. = Advanced

*These classes require enrollment in designated companion classes.