



At Body Language Studio, we believe that dance is for every body and every *kind* of dancer. Whether your child is brand new, exploring their passion, or ready to train like a pro, we offer three distinct tracks designed to meet your family's goals, schedule, and experience level. Each track is rooted in our core values: 🎓 **Exceptional Dance Education**, 🌱 **A Growth Mindset**, ✨ **Authentic Joy**, and 🌟 **Excellence for All**.

No matter which path you choose—Recreational, Immersive, or Competitive—your dancer will have opportunities to perform, grow, and thrive in a supportive and inclusive community.

## Body Language Studio: Dance Tracks for Every Child

### RECREATIONAL

**Ages 3–18 | Monthly Commitment  
(Sept–June) + Optional July–Aug**

**Perfect for:** First-time dancers, families seeking flexibility, or kids who want to dance just for fun!

REQUIREMENTS

PERFORMANCE  
OPPORTUNITIES

ENRICHMENT  
OPPORTUNITIES

1 - 3 WEEKLY  
CLASSES

SPRING  
RECITAL

STUDIO  
EVENTS

MONTHLY  
COMMITMENT

WINTER  
NUTCRACKER

WORKSHOPS  
OR MASTER  
CLASSES

### IMMERSIVE

**Ages 7–18 | 10-Month Commitment  
(Sept–June) + Optional July–Aug**

**Perfect for:** Dancers who love to move and want to take things to the next level without going full competitive.

REQUIREMENTS  
& INCLUSIONS

PERFORMANCE  
OPPORTUNITIES

ENRICHMENT  
OPPORTUNITIES

2 - 8 WEEKLY  
CLASSES

SPRING  
RECITAL

STUDIO  
EVENTS

3 PRIVATE  
LESSONS

WINTER  
NUTCRACKER

WORKSHOPS  
OR MASTER  
CLASSES

2 DANCE  
CONVENTIONS

10-MONTH  
COMMITMENT

TEACHING  
ASSISTANT OR  
APPRENTICE  
TRAINING  
PROGRAM  
FOR TEENS

COMMUNITY  
SERVICE OPPS

### COMPETITIVE

**Ages 5\*–18 | Year-Round Commitment  
(July–June)**

**Perfect for:** Passionate dancers who live for the stage, thrive in team settings, and are ready for a more intensive experience.

**\*Ages 5 - 7: Lesser Requirements**

REQUIREMENTS  
& INCLUSIONS

PERFORMANCE  
OPPORTUNITIES

ENRICHMENT  
OPPORTUNITIES

2 - 10 WEEKLY  
CLASSES +  
SUMMER  
REQUIREMENTS

REQUIRED  
SPRING  
RECITAL

STUDIO  
EVENTS

WEEKLY TEAM  
REHEARSAL

OPTIONAL  
WINTER  
NUTCRACKER

WORKSHOPS  
OR MASTER  
CLASSES

MONTHLY  
TEAM CLASS

REQUIRED  
WINTER  
SHOWCASE

TEACHING  
ASSISTANT OR  
APPRENTICE  
TRAINING  
PROGRAM  
FOR TEENS

1-2 DANCE  
CONVENTIONS

DISNEYLAND  
PERFORMANCE  
OR DANCE  
NATIONALS

PRIVATE  
LESSONS

3-4  
COMPETITIONS

LOCAL  
COMMUNITY  
PERFORMANCES

COMMUNITY  
SERVICE OPPS

YEAR-LONG  
COMMITMENT

### ? Still not sure where your dancer fits?

No problem! We're here to help you find the perfect fit based on your child's age, interest level, and experience.

Email us at [info@blsdance.com](mailto:info@blsdance.com)